

Are You Drinking Enough Water?

Check off how many glasses you drink each day! Rethink Your Drink and choose WATER!

Weeks of

			nday					Sur	nday		
		Moi	nday					Mor	nday		
		Tue	sday	'				Tue	sday	'	
	V		nesda				V	Vedr	nesda	ay	
			rsday					Thur	rsdav	V	
		Fri	day					Fri	day		
		Satu	urday					Satu	urday		