

## MY BRUSHING AND READING CHART

Name: \_\_\_\_\_\_ Month: \_\_\_\_\_





## Instructions:

Brush 2 minutes, 2 times a day and read for 20 minutes a day. After brushing and reading, cross off that day's tooth and book icons to finish your day!

P.	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					<b>R R</b>		
					<b>R R</b>		<b>77 7 10</b>
4							
		<b>WW</b>	<b>WW</b>	<b>WW</b>	<b>WW</b>	<b>WW</b>	W V



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