# Dot your eyes and floss your teeth.

Delta Dental of Tennessee's Individual & Family Plans

Now offering DeltaVision®.

DeltaDentalTN.com



More than 90 percent of all systemic diseases, including diabetes, leukemia, and heart disease, have oral characteristics that can be detected during a routine dental exam.

# Network Access

## Delta Dental is the leading dental benefits carrier in the United States, providing unparalleled expertise and a host of additional oral health resources.

Save on having services provided by in-network dentists.

## Access Delta Dental PPO™ network nationwide.

This is access to our greatest discounts available at more than 74 percent of dental offices in Tennessee. With more



than 113,000 dentists nationwide, our network probably includes your dentist.<sup>2</sup> You also have access to care when traveling through our national networks.

Each in-network dentist goes through a credentialing process to ensure they meet Delta Dental's high standards.

## No waiting periods or deductibles for preventive care.

And, all other service benefits increase after the first year.

## Online account management.

See your available benefits online, any time, using our secure **Member Portal** or the **Delta Dental mobile app.** 

## Save Money

Delta Dental of Tennessee's Individual & Family Plans cover your annual preventive care — 100%. This means there is no outof-pocket cost when visiting a Delta Dental PPO dentist for your annual exams and cleanings.



You also have the advantage of our negotiated rates with network dentists. The **fees charged by in-network dentists are pre-established** by Delta Dental, meaning less out-of-pocket costs for you.

## Your annual benefits grow.

With continued enrollment, your annual maximum benefit increases after the first year!



For 6.5 million people in the U.S. with intellectual or developmental disabilities, oral health care can be inaccessible or overwhelming. Delta Dental is changing that.

# **Reducing Barriers To Care**

# The leading unmet health care need for millions of U.S. children and adults with a disability is adequate dental care,

so Delta Dental of Tennessee is offering a Special Health Care Need Benefit to eligible members beginning January 1, 2024.

## What is included in the benefit?

- Additional visits to the dentist's office this may include or be in addition to consultations that can be helpful prior to first treatment to help patients learn what to expect and what is needed for a successful dental appointment.
- Up to four total dental cleanings in a benefit year
- Treatment delivery modifications any accommodations necessary for dental staff to provide oral health care for patients with sensory sensitivities, behavioral challenges, severe anxiety, or other barriers to treatment, including the use of anesthesia.

## How do I/my spouse/my dependent use this benefit?

Members with a qualifying special health care need should let their dentist know that their Delta Dental plan may include the Special Health Care Needs Benefit and that they have a qualifying special health care need.

To help your dentist better understand the benefit and how to bill Delta Dental for services provided, we suggest you take the "Special Health Care Needs Benefit Provider Instructions" flyer with you to your next visit. You can find the flyer at



DeltaDentalTN.com/SpecialNeeds or by scanning the QR code above.

## When Your Benefits Start

**Enjoy your benefits after your effective date** — the first day of the month following receipt of application, \$25 application fee, and initial premium if received on or before the 15<sup>th</sup> of the month. If received after the 15<sup>th</sup>, effective date will be the first day of the following month.

**Did you know?** People with good oral and vision health are more likely to report good overall health.

#### Good health starts with regular visits to your dental and vision care providers



**Brain** • Periodontal disease may increase the risk of stroke. Research has shown that harmful bacteria in the mouth can make a person susceptible to blood clots, increasing the risk for stroke. Also, tumors can cause swelling of the brain. A doctor can detect changes to the optic nerve caused by that swelling before it becomes dangerous.

**Heart** • Inflammation of blood vessels at the back of the eye can be a sign of potential high blood pressure, and high cholesterol is often diagnosed first by an eye care provider. Also, periodontal disease may increase the risk of cardiovascular disease and fatal heart attacks. In fact, those suffering from gum disease are almost twice as likely to suffer from heart disease as those with healthy gums.

**Pancreas** • Blood at the back of the eyes is one of the first indicators of diabetes. During an eye exam, diabetes is often detected well before someone would have had a blood test to check for the same problem. Diabetics are also at greater risk for periodontal disease. Periodontal disease may disrupt the control of blood sugars, which can increase the likelihood of serious complications such as heart and lung disease.

**Kidneys and joints** • Autoimmune diseases like rheumatoid arthritis can cause inflammation in the joints and the eyes. Inflammation of organs like the kidneys can result from bacteria that enter the body through the mouth. With poor oral and vision care, infections can progress faster and lead to a higher risk of kidney disease.

Our providers deliver quality care that focuses on your health and overall wellness.

NIDCR.NIH.gov/health-info/gum-disease/more-info ADHA.org/resources-docs/72210\_Oral\_Health\_Fast\_Facts\_&\_Stats.pdf Perio.org/consumer/gum-disease.htm MedicalNewsToday.com/releases/221159.php MedicalNewsToday.com/articles/200132.php Perio.org/consumer/gum-disease-and-heart-disease Health.Harvard.edu/heart-health/treating-gum-disease-save-your-smilehelp-your-heart TheHeartFoundation.org/2017/05/26/ gum-disease-and-the-heart/ Perio.org/consumer/other-systemic-diseases Perio.org/consumer/gum-disease-and-diabetes.htm Perio.org/consumer/kidney-disease MedicalNewsToday.com/articles/306724.php

## Delta Dental of Tennessee's Individual & Family Plans are

designed to help maintain good oral health while also balancing your budget. Now, as part of Delta Dental's premium plans, you can add DeltaVision<sup>®</sup> in partnership with VSP<sup>®</sup> to your coverage. We've designed these plans to meet a variety of needs and budgets. See which one is best for you:

## Essential Advantage\*

- All plans cover preventive and diagnostic treatments at 100% when visiting a dentist in our Delta Dental PPO network (coverage is 80% when visiting a dentist not in the network).
- Other levels of treatments are covered at lower co-pay amounts, starting at 25%<sup>+</sup> in the first year and building to 80%<sup>+</sup> in year 3.

## Superior Advantage®

• A higher level of protection with higher co-pays for more treatments. Best of all, the annual maximum increases over your enrollment period, up to \$1,500 in year 4.

## Brighter Advantage<sup>®</sup>

• The most coverage for treatments plus cosmetic benefits — for just a few dollars more, receive benefits such as whitening, veneers, and even orthodontia!

**Introducing DeltaVision**<sup>®</sup> Delta Dental of Tennessee has partnered with vision powerhouse VSP to provide DeltaVision<sup>®</sup>. Now you can enjoy the benefits of comprehensive vision care by adding DeltaVision<sup>®</sup> to your dental plan in one convenient place. DeltaVision<sup>®</sup> offers the same quality coverage, exceptional service, and unparalleled networks you've come to expect from Delta Dental, making it an easy addition to your healthcare network.

Who is eligible? Membership is open to all Tennessee adult residents and their dependents. If you have been covered by a Delta Dental of Tennessee individual policy and drop your coverage, you cannot re-enroll for 12 months.



## Dental AND Vision? You've got yourself a deal.

Visit DeltaDentalTN.com Call 1-855-844-0445

\*This is the co-pay amount when you visit an in-network dentist. The amount you pay may be more when visiting non-network dentists.

## Plan Benefit & Cost Comparison

Which plan works best for your budget? Whether you're looking for a lower cost or a higher annual max, we've got you covered!

Essential Advanta			ntage®	
Yearly Benefits Increase	YEAR 1	YEAR 2	YEAR 3 (+)	
Maximum Benefits per contract year	\$500	<sup>\$</sup> 750	\$1,000	
<b>Deductible</b> per contract year; applies to all services except Delta Dental PPO Diagnostic & Preventive Services	\$50 / \$150 per person / per family max			
Service Benefits Increase	YEAR 1	YEAR 2	YEAR 3 (+)	
<b>Diagnostic &amp; Prevention Services</b> Exams <sup>1</sup> , Cleanings <sup>1</sup> , Fluoride, Space Maintainers; Brush Biopsy; X-rays; Periodontal Maintenance	▲ 100% Delta Dental PPO Dentist ■ 80% Out-of-network Dentist			
<b>Basic Services</b> Emergency Palliative Treatment, Sealants, Minor Restorative (Fillings), Simple Extractions, Other Basic Services, Adjustments & Repairs	▲ 25% ■ 10%	▲ 50% ■ 25%	▲ 80% ■ 40%	
Bleaching & Whitening	▲ 25% ■ 10%	▲ 50% ■ 25%	▲ 50% ■ 25%	
Major Services Crown Repair, Endodontic & Periodontic Services, Other Oral Surgery, Major Restorative Services, Relines & Rebase, Implants, Prosthodontic Services	▲ 10% ▲ 25% ■ 10% ■ 10% plus Veneers plus Veneers			
Orthodontia Braces	1	Not Included	k	
Low Monthly Premiums		Individual	\$25.22*	
*Premiums do not include a monthly transaction fee of \$2.50. Plus \$25 application fee at enrollment.	Individual & \$47.29*			
Rates valid through 12/31/24.	Individual & 2 or More Dependents \$87.24			
DeltaVision <sup>®</sup> in partnership with VSP*	Delta	aVision Plan	I-150	
DeltaVision® plans are tailored to match the level of	Individual \$8.14			
benefits provided by our Essential Advantage, Superior Advantage and Brighter Advantage plans and are not interchangeable. Turn the page to see what a	Individual & \$16.28			
not interchangeable. Furn the page to see what a DeltaVision® plan can do for you.	Indivio More De	\$26.21		

#### ▲ Delta Dental PPO<sup>™</sup> / In-Network Dentists ■ Out-of-network Dentists

	Superior Advantage®			Brighter Advantage®				
)	YEAR 1	YEAR 2	YEAR 3	YEAR 4 (+)	YEAR 1	YEAR 2	YEAR 3	YEAR 4 (+)
	\$500	\$1,000	<sup>\$</sup> 1,250	<sup>\$</sup> 1,500	<sup>\$</sup> 750	\$1,000	<sup>\$</sup> 1,250	<sup>\$</sup> 1,500
	\$50 / \$150 per person / per family max			per	/ <b>\$50</b> r person / p		าลx	
	YEAR 1	YEAR 2	YEAR 3	YEAR 4 (+)	YEAR 1	YEAR 2	YEAR 3	YEAR 4 (+)
t	▲ 100% Delta Dental PPO Dentist ■ 80% Out-of-network Dentist					)% Delta D )% Out-of-r		
	▲ 50% ■ 40%		▲ 80% ■ 60%		▲ 50% ■ 40%		▲ 80% ■ 60%	
				▲ 25% ■ 10%		▲ 50% ■ 40%		
	▲ 25% ■ 10% ■ 40%			▲ 25% ■ 10% plus Veneers		▲ 50% ■ 40% plus Veneers	5	
	Not Included			Not Included		50%/ 🔳 4	0%	
	Individual \$34.79*			I	ndividual	\$38.47*		
	Individual & \$68.00*		Individual & 1 Dependent		\$75.74*			
	Individual & 2 or More Dependents \$108.31*		Individual & 2 or More Dependents \$131.89			\$131.89*		
	DeltaVision Plan I-150				DeltaVisior	n Plan I-175		
	Individual \$8.14		\$8.14	Individual \$1		\$11.73		
	Individual & \$16.28		Individual & \$23.4 1 Dependent			\$23.46		
	Individual & 2 or More Dependents <b>\$26.21</b>					ual & 2 or pendents	\$37.77	

## Vision Benefit & Cost Comparison

With DeltaVision® in partnership with VSP, you have the freedom to choose the provider that's right for you. Select from 104,000 access points, including the largest national network of independent doctors and over 22,000 retail chain locations. For added convenience, 91% of DeltaVision® doctors offer early morning, evening, and weekend appointments, and 24-hour access to emergency care.

WellVision Exam	
Exams Once every 12 months	Comprehensive eye exam to ensure overall visual wellness
Prescription Glasses	
<b>Frames</b> Once every 12 months	Allowance for wide selection of frames Savings on amount over allowance Costco frame allowance
Lenses Once every 12 months	Single vision, lined bifocal and lined trifocal lenses
<b>Covered Lens Enhancements</b> Once every 12 months	Polycarbonate lenses for children Standard Progressive lenses Standard Anti-Reflective Coating (available with DeltaVision* Plan I-175 only)
<b>Optional Lens Enhancements</b> Average savings of 20-25% on other lens enhancements	Premium Progressive lenses Custom Progressive Lenses Tints/Photochromic Adaptive Lenses Scratch Resistant Coating
Contact Lenses - Instead of Glasses	
<b>Contacts</b> Once every 12 months	Allowance for contacts; copay does not apply Contact lens exam (fitting and evaluation)
Extra Savings	
Featured Frames	Allowance on featured frame brands. Check vsp.com for current offers
Your Out-of-Network Provide	ers Allowances
• Exam - up to \$45 • Frame - up to \$70 • Single Vision Lenses - up to \$30	<ul> <li>Lined Bifocal Lenses - up to \$50</li> <li>Lined Trifocal Lenses - up to \$65</li> <li>Lenticular Lenses - up to \$100</li> </ul>

DeltaVision® Plan I-150 Available exclusively with Essential Advantage and Superior Advantage	DeltaVision <sup>®</sup> Plan I-175 Available exclusively with Brighter Advantage				
\$10 Сорау	\$10 Copay				
$\checkmark$	$\checkmark$				
\$20 Copay	\$10 Сорау				
Included in Prescription Glasses Copay \$150 allowance 20% savings \$80 allowance Included in Prescription Glasses Copay	Included in Prescription Glasses Copay \$175 allowance 20% savings \$95 allowance Included in Prescription Glasses Copay				
\$O	\$O				
Copay Ranges \$95 - \$105	Copay Ranges \$95 - \$105				
\$150 - \$175 \$15 - \$17 \$17	\$150 - \$175 \$15 - \$17 \$17				

\$150 allowance	\$175 allowance
up to \$60	up to \$60

\$170	\$195			
<ul> <li>Progressive Lenses - up to \$50</li> <li>Contacts - up to \$105</li> <li>Necessary Contact Lenses - up to \$210</li> </ul>				

# DeltaVision's vision care solutions put you first - no hassles, no excuses.

# Delta Dental has partnered with VSP\* to offer DeltaVision<sup>®</sup>.

## **VSP Choice Network**

Members can choose their independent doctor or their favorite retailer. Our network includes tons of participating retail chains, including:



## Value-Packed Plans

You get a fully covered WellVision Exam (after copay), and an average savings of 20-25% off the most popular lens enhancements through VSP Doctors and Participating Retail Chain locations. You'll also have access to the widest selection of eyewear at the lowest out-of-pocket cost.

- DeltaVision's comprehensive vision care solutions double as preventive medicine.
- Lowest out-of-pocket costs
- Enjoy great every day savings on eye exams and glasses.



## **Award-Winning Service**

You will have access to VSP's award-winning customer service team seven days a week.

\*VSP is the national leader in vision and eye care benefits offering vision insurance and plans for individuals and businesses. DeltaVision\* in partnership with VSP is exclusively available as part of Delta Dental of Tennessee's individual and family plans.

#### **△** DELTA DENTAL<sup>®</sup>

#### Delta Dental of Tennessee Individual & Family Plan Application

Subs	criber Information						
Nam	e:			Birth D	ate:		
Address:			SSN:				
City:				— Phone:			
St:	Zip:		Emai	 il:			
				(REQUIRED	: Application ca	annot be processed	without email.)
Depe	endents to be covered (if any)						
Name				Birth Date	(MM/DD/YYYY	> Relation	(Spouse or Child)
Mont	thly Premiums⁺	Essential Advantage®	Superior Advantage		d On Vision®	Brighter Advantage®	Add On DeltaVision®
Subs	criber only	\$25.22	\$34.79	\$8	3.14	\$38.47	\$11.73
Subs	criber + 1 dependent	\$47.29	\$68.00	\$16	6.28	\$75.74	\$23.46
Subs	criber + 2 or more dependents	\$87.24	\$108.31	\$2	6.21	\$131.89	\$37.77
	Advantage Plan rates do not include	a monthly transacti	on fee of \$2.50. Y	'ou will be ch	arged a \$25	application fee a	t enrollment.
Meth	nod of Payment (Select One)						
		Essential	Superior	🗌 Br	righter	Add O	n DeltaVision®
	Monthly Credit Card:	Visa	] MasterCard	CC#:			
				E>	кр. Date (м	M/YY):	
	Monthly Bank Draft:	Bank Name:					
_	-	Account #:					

#### **Certification and Agreement**

The information contained in this application is true, complete and accurate, It is understood that the rates, terms, and conditions of any contract issued by Delta Dental of Tennessee shall be based on the information in this application. If any information or representation is not true, complete or accurate, Delta Dental of Tennessee may adjust the rates, terms or conditions and/or cancel any contract. You certify that you are applying for this policy in the State of Tennessee. This application shall become a part of the contract issued by Delta Dental of Tennessee. It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purposes of defrauding the company. Penalties include imprisonment, fines, and denial of coverage.

Routing #:

Individual hereby agrees that if Delta Dental of Tennessee accepts this application and issues a signed contract, the Individual shall be bound by the terms and conditions of said contract. Individual agrees to pay the premiums defined in the contract in accordance with the terms of the contract. Individual also recognizes that this contract may only be modified by written document issued by Delta Dental of Tennessee as defined in the contract.

Printed Name:	Date (MM/DD/YY):	
Signature:		
Referred by (if any):	Broker Name (if any):	

Mail completed application to:

Delta Dental of Tennessee, Attn: Member Services P.O. Box 23470, 901 Broadway, Nashville, TN 37202

## Ensuring Healthy Smiles and Clear Vision for All Tennesseans

Delta Dental of Tennessee's Individual & Family Plans are designed to help maintain good oral health while also balancing your budget. Now, you can add comprehensive vision care to your coverage with DeltaVision® administered by VSP!



by Delta Dental of Tennessee

## Transforming lives. Transforming communities. One smile at a time.

Delta Dental of Tennessee also supports children's hospitals, free and reduced-cost clinics, and the state's two dental colleges through the Smile180 Foundation.

## Smile180.org

Dental AND Vision? Dreams do come tooth.

Enroll today and ensure your healthy smile.

Visit DeltaDentalTN.com Call 1-855-844-0445

